

Curriculum Vitae

Dr. Irvinder Kour Sudan
Associate Professor
M. Sc. (Food and Nutrition), Ph. D.
GCW Gandhi Nagar, Jammu

Publications

- Jamwal N and **Sudan I. K.** Nutritional Status and Prevalence of Anaemia Among Adolescent Girls in Urban Jammu. Journal of Indian Dietetic Association. 2012. 36S
- **Sudan I. K.** Nutritional Status of Rural School Children and Adolescents. Indian Educational Abstracts. 1996. pg 33-34
- **Sudan I. K.** Relation Between nutrient intake and physical growth of boys in Jammu. Indian Journal of Human Ecology. 1994. 5(4): 297-299.
- **Sudan I. K.** Calcium Intake and Serum Calcium Levels of Women Approaching Menopause. Indian Journal of Nutrition and Dietetics. 1992. 5(30):120-126.
- **Sudan I. K.** and Jaswal I. J. S. Nutrition of Rural Children and Adolescents. Contemporary Research Design in Human Development. pg 8-14.

Conferences/Seminars

- International Seminar on **Child Rights: Issues and Challenges** by IQAC, GDC, Basohli on April 20, 2023.
- International Conference on **Emerging Trends, Growth, Opportunities and Future in Food Processing Sectors** by Bishop Heber College from April 28-29, 2022.
- Webinar on **ICT Tools for Reaching and Teaching Remote Learners in Higher Education** by Higher Education Department, conducted by GCW Gandhi Nagar from September 28-October 7, 2020.
- National Webinar on **Teaching, Learning Methods and Practices on Digital Platform-Understanding and Developing MOOCs** by SWAYAM MOOC Cell, Arya Kanya Mahavidyalaya, Haryana on June 11, 2020.
- Fourth J&K Women Science Congress on **Career in Science for Women-Challenges and Opportunities** from September 1-3, 2016.

Workshops/Trainings

- Workshop on **Awareness on NSFQ Courses** by Skill Development Cell and IQAC ON June 13, 2023.
- Workshop on **E-content Development and Management** from July 23-24, 2016.
- Workshop on **Information Security** by NIELIT on October 16, 2015.
- Training in **IMPA** in September, 2014
- Workshop on **Entrepreneurship Awareness Among Women** from October 11-12, 2004.
- Workshop on **Quality Control in Food Industry** from March 1-6, 2002.
- Workshop on **Post-Harvest Technology and Food Packaging** from February 17-21, 1997.

- Workshop on **Food Manufacturing and Quality Control** from February 23-28, 1995.

Refresher Courses

- **Refresher Course on Human Rights** by University of Jammu from June 12-July 1, 2006.
- **Refresher course in Home Science** by Punjab University, Chandigarh from August 3-23, 2004.
- **Refresher course in Home Science** by University of Kashmir from January 9-31, 1997.

Responsibilities as Resource Person

- Resource Person for a lecture on **Nutrition Counselling at GMC, Jammu under ICDS Mission** (March 14, 2018).
- **PG Department of Home Science, University of Jammu** (September 7, 1996)
- **Community Foods and Nutrition, Extension Unit, Ministry of Human Resource Development** (February 7-11, 1995)
- Participated in a camp organised by **Indian Red Cross Society** (September 4-10, 1997).
- **Counsellor** in programmes of **IGNOU Study Centre 1257P** since 2009.
- **Subject Expert** at various colleges to conduct practical examinations every year.
- Acted as **convenor/ member of multiple committees in the college** all through service period till now.